



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

Head's Hello

What a scorching week it has been! Keeping the school cool has certainly been a challenge, but our children have coped brilliantly.

A huge thank you to everyone in our school community who has helped us manage the heat. We are incredibly grateful to the parents who kindly sent fans into school, and to the PTA for providing refreshing ice lollies and water-melon slices – these thoughtful gestures were very much appreciated by all.

Our trip to the river yesterday afternoon was perfectly timed and gave us a much-needed break from the heat of the classrooms. The shade of the trees along the parade offered a welcome drop in temperature, and the children thoroughly enjoyed their paddle, which helped cool us all down even further.

We are hopeful that temperatures will begin to settle over the coming days. Our rescheduled Sports Days will now take place on **Tuesday 30th**, and we are keeping our fingers crossed for fair weather so that all events can go ahead as planned.

Thank you, as always, for your continued support. Wishing you all a lovely and restful weekend.

Mrs. Elaine Badger  
Headteacher

#### Dates for your diary

RESCHEDULED DATE Tuesday 30th June - Sports Day

- Tiny Trees: 9:30-10:00
- KS2: 10:15 – 11:30
- KS1: 1:45 – 2:45

Friday 3rd July - INSET Day (School and nursery closed)

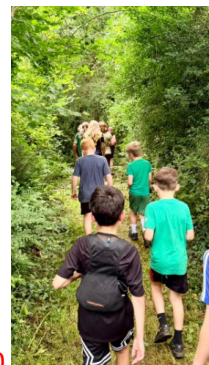
Friday 17th July 3-5pm - PTA Summer Fayre

Friday 24th July - Last day of Summer Term



Some photos from the Landrake Fun Run which took place last Friday

Well done to all those that took part and thank you to all the parents/carers who took part and supported with transport.



ASC contact number : 07821 645720

Lostwithiel Primary School  
Newsletter Friday 26th June 2026





Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**



## Stay & Play Sessions at Tiny Trees Nursery, Lostwithiel



*All are welcome!*

Join us for our free weekly **Stay & Play** sessions; a lovely opportunity for parents and toddlers, aged two and above, to play, explore, and get to know our nursery environment.

**When:** Every Monday throughout the Summer Term, starting from Monday 27<sup>th</sup> April until Monday 13<sup>th</sup> July. Please note, the nursery will be closed on Monday 4<sup>th</sup> and 25<sup>th</sup> May for Bank Holidays.

**Time:** 9:30 – 10:30am

**Where:** Tiny Trees Nursery, Lostwithiel School, Lostwithiel



These sessions are perfect for little ones who may be starting nursery in the future, helping them feel comfortable and familiar in a fun, relaxed setting.

- ✦ Meet our friendly staff
- ✦ Explore our learning spaces
- ✦ Enjoy playtime with other children



For more information, get in touch via email [sstatham@los.celtrust.org](mailto:sstatham@los.celtrust.org) or call 01208 872339.



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

**LOSTWITHIEL  
PRIMARY SCHOOL**

**WE NEED  
YOU!**

**VOLUNTEERS WANTED!**

Come into **Lostwithiel Primary School**  
to talk to our pupils about  
**YOUR CAREER** and  
**YOUR JOURNEY THROUGH EDUCATION.**

**ASPIRATIONS DAY**  
to inspire our children to  
**REACH FOR THEIR DREAMS!**

**THURSDAY 9TH JULY**  
**1 - 3PM**

ANIMAL CARE AVIATION TECHNOLOGY LAW MEDIA ENVIRONMENT AND MORE!

**INTERESTED IN HELPING OUT?**

Email us at  
[lostwithielsecretary@los.celtrust.org](mailto:lostwithielsecretary@los.celtrust.org)

Call us on  
**01208 872339**

**TOGETHER,  
WE CAN INSPIRE  
AMAZING  
FUTURES!**



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**



Cornwall Partnership  
NHS Foundation Trust

## Mental Health Support Team Wild Wellbeing



This summer please join MHST and other partners for a **FREE Wild Wellbeing session at various locations across Cornwall.**

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book **EACH** child on to a session

The sessions will last approx. 2 hours and sign up will close one week before the event, or when sessions are full.

### Locations and dates

\*All sessions begin at 10am\*

Tuesday 28 July - **Trengwainton Gardens**

Tuesday 28 July - **Golitha Falls**

Thursday 30 July - **The Core, St Ives Orchard**

Monday 3 August - **Tehidy Woods**

Tuesday 4 August - **Penrose Estate**

Wednesday 5 August - **Lanhydrock**

Wednesday 12 August - **Kennack Sands**

Thursday 13 August - **The Grove, Morrab Gardens**

Tuesday 18 August - **Lanhydrock**

Wednesday 19 August - **The Grove, Morrab Gardens**

Monday 24 August - **Tehidy Woods**

Tuesday 25 August - **Trengwainton Gardens**

Tuesday 25 August - **Dipping Pond**

To book a place please complete the online form or scan the QR code to sign up



<https://forms.office.com/e/XSQp0XRw5a>

Follow us on Facebook for updates and upcoming events:

**Cornwall Mental Health Support Team (MHST)**



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

**MHST Presents:**

# PARENT TRANSITION WORKSHOPS

## SUPPORTING YOUR CHILD'S MOVE FROM PRIMARY TO SECONDARY SCHOOL

**PREPARING FOR CHANGE**

**PRIMARY SCHOOL** (AGE 7-11) → **SECONDARY SCHOOL** (YEAR 7+)

**1. MANAGING ANXIETY & WORRIES**  
Help your child navigate fears and emotions

**2. BUILDING RESILIENCE & CONFIDENCE**  
Boost self-esteem and coping skills for the new environment

**3. ESTABLISHING ROUTINES & INDEPENDENCE**  
Practical strategies for new school days and daily changes

**4. COMMUNICATION & WELLBEING**  
Staying connected and supporting mental health

**WORKSHOP DATES**  
22 June - 10am    6 July - 6pm  
6 July - 10am    15 July - 3:30pm

**LOCATION**  
ONLINE Via MS Teams  
**FREE** to attend for all Year 6 Parents

**HOW TO BOOK**  
Visit: <https://forms.office.com/e/RW086zizqFX>  
or scan the QR code

Register Today! Support your child's wellbeing during this important milestone.



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

## Young people are offered the following vaccines in secondary school:

Vaccine	School year offered	Diseases protected against
Flu vaccine	Annual vaccine offered to all in Years 7 to 11	Protects against flu, which can lead to acute bronchitis and pneumonia
Human papillomavirus (HPV) vaccine	Year 8	HPV related cancers such as cervical cancer, some cancers of the head and neck, some genital cancers and genital warts
MenACWY vaccine	Year 9	Meningococcal groups A, C, W and Y (which can cause meningitis and septicaemia)
3 in 1 teenage booster (Td/IPV)	Year 9	Tetanus, diphtheria and polio
MMR – for those that have not had 2 doses of MMR	Catch-up – offered opportunistically	Measles, mumps and rubella

**Catch-up opportunities, either as additional visits or when the immunisation team is already coming into the school, may be offered for those who have missed out on their vaccinations.**

Further information on supporting immunisation in education and child care settings, including colleges and universities can be found at: [www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/supporting-immunisation-programmes](http://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/supporting-immunisation-programmes)





Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**



South Devon Fun with Dads Project



Calling all dads & children

# Summer Camp 2026

An amazing overnight camp really near the beach  
at Terawhiti Farm, South Milton. Nr. Kingsbridge. Devon. TQ7 3JT

**Sat. 18th - Sun. 19th July**

- beach games • soft archery
- dad jokes • BBQ & marshmallows •
- glow-worm walk • campfire stories



**£5 - £20** (sliding scale)

Camping equipment can be borrowed  
[www.bookwhen.com/southdevondads](http://www.bookwhen.com/southdevondads)  
any questions? email: [info@thedadsnetwork.org](mailto:info@thedadsnetwork.org)

**Booking essential**



**18th, 19th & 20th September 2026**



## DadFest Devon™

Location: Beryl's Campsite, Beeson. Kingsbridge,  
South Devon. TQ7 2HW

Awarded 'Best Small Event in the UK' in 2015 & 2025  
The only UK festival just for dads & their children.

- campfire stories • water-rockets • bat walk
- Forest School • board games • rifle range
- wrestling show • arts & craft • sport skills
- kids disco • music workshops • archery
- slip n slide • beach trip • food & drink • & more...
- + 2026 World Dad Dancing Championship

**Dads/ male carers with children of all ages welcome**

DadFest 2026 tickets must be bought in advance

Dad + 1 child (all ages):	£109
Dad + 2 children (all ages):	£119
Dad + 3 children (all ages):	£129



Ticket includes camping & all activities - nothing more to pay  
Get food tickets too: £40 (dad); £30 (children)

To book search 'ticket tailor DadFest Devon'

or email: [info@thedadsnetwork.org](mailto:info@thedadsnetwork.org)



ASC contact number : 07821 645720



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

# Extraordinary Explorers

**FREE summer fun for your child, plus a swim voucher & rewards!**

Dear Parent/Carer,

Looking for something fun, free and rewarding to keep your child engaged this summer?  
‘Yes’ we hear you cry!

**Join the Cornwall Reading Challenge 2026!**

**WAIT!** Don't stop reading because we said Reading Challenge, we promise it's worth reading on...

From **Saturday 11 July**, children of all ages can sign up at their local library and start an exciting summer adventure with books.

**Why sign up? Because it's packed with rewards...**



- **FREE to join**
- **FREE swim voucher just for signing up**
- Collect **stickers and rewards** along the way
- Children can read about the things they **love** in a way that works for them.
- Earn a **certificate and medal** for completing the challenge
- Finishers receive a **Treasure Trail worth £9.99!**

**Choose your challenge**

- **Reading Quest** – read 6 books and unlock rewards
- **One and All Challenge** – an accessible challenge. It's our flexible option so every child can take part and succeed.

**And more than just reading...**

- Build confidence and keep reading skills strong over summer
- Discover new books, authors and ideas
- Take part in **FREE library activities** all summer long

**To get started** simply visit your **local library from 11 July** to sign up.

Don't miss out – thousands of Cornwall children took part last year.  
Let's make this summer even bigger!

**It's fun. It's free. And there's a reward waiting from day one.**

See you there. [The Cornwall Libraries Team.](#)





Lostwithiel School  
 Bodmin Hill  
 Lostwithiel  
 Cornwall  
 PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
 Telephone: 01208 872339

**PRIDE,  
 PASSION,  
 PARTNERSHIP,  
 PERSEVERANCE,  
 PARTICIPATION.**



# Should I keep my child off school?



## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

[www.lostwithiel.cornwall.sch.uk](http://www.lostwithiel.cornwall.sch.uk)  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

April 2026

Dear Families,

At Lostwithiel School, we want every child to enjoy an exceptional educational experience that helps them to achieve their very best. Regular attendance plays a crucial role in this, as children who attend school consistently not only make stronger academic progress but also build confidence, resilience and positive friendships.

Even a small amount of absence can add up overtime. This can make it harder for children to keep up with lessons, feel settled, and make the most of the opportunities school has to offer. We fully understand that there will be times when absence is unavoidable, such as illness or exceptional circumstances. Our priority is always to work with you in supporting your child. We continue to recognise that there are occasions when it is appropriate to authorise an absence, such as when your child is too ill to attend school, however, the Government does not support parents/carers taking children out of school unless the school agrees this is appropriate under 'exceptional circumstances'.

We ask if you believe your situation meets the criteria for exceptional circumstances, please make a request for leave in writing to the Headteacher using the school's 'Leave of Absence Request Form' before the event. The form is available from the school office or website.

If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent, per child and each carry a fine of £80 if paid within 21 days or £160 if paid after this but within 28 days.

If your child is further absent from school without authorisation within any 3-year period, you will be committing a further offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices for a second offence are issued per liable parent, per child and each carry a fine of £160, payable within 28 days.

Importantly, fines per parent will be capped to two fines within any three-year period. Once this limit has been reached, other action such as a

Registered company office: Atlantic Centre, Trenance Leisure Park, Newquay, Cornwall, TR7 2LZ. Tel: 01637 800280.  
Registered Company number 07565242 (England and Wales) Cornwall Education Learning Trust is a company limited by guarantee and also an exempt charity registered with the Secretary of State for Education.



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ  
  
www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**

parenting order or prosecution will be considered. Failure to pay the Penalty Notice may also result in legal action. If you are prosecuted and attend court because your child has not been attending school, you could get a fine of up to £2,500. Cornwall Council may also apply for the costs incurred in taking the matter to Court, including legal costs.

Absence not authorised by the school may also result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence. Again, Cornwall Council may also apply for the costs incurred in taking the matter to Court, including legal costs.

Money raised from fines is only used by the local authority to cover the costs of administering the system, and to fund attendance support. Any extra money is returned to the government.

'Parent' as set out in Section 576 of the Education Act 1996, defines parent to include: natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and; any person who, although not a natural parent, has care of a child. Having care of a child means a person with whom a child lives and who looks after a child, irrespective of what their relationship is with said child.

Here at Lostwithiel School we know that family life can sometimes be complicated, and we are here to support you every step of the way. If you're unsure about anything in this letter, or if you're facing challenges that may impact your child's attendance, please don't hesitate to get in touch with us. Our team is always happy to listen and work with you to find the best solution. By working in partnership, we can ensure that your child receives the very best start in life and enjoys every opportunity to thrive here with us.

Every day in school really does make a difference to their learning, wellbeing, and future opportunities. Thank you for your continued support in making your child's education a priority.

Yours sincerely,

Elaine Badger  
Headteacher  
Lostwithiel School

Registered company office: Atlantic Centre, Trenance Leisure Park, Newquay, Cornwall, TR7 2LZ. Tel: 01637 800280.  
Registered Company number 07565242 (England and Wales) Cornwall Education Learning Trust is a company limited by guarantee and also an exempt charity registered with the Secretary of State for Education.



Lostwithiel School  
 Bodmin Hill  
 Lostwithiel  
 Cornwall  
 PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
 Telephone: 01208 872339

**PRIDE,  
 PASSION,  
 PARTNERSHIP,  
 PERSEVERANCE,  
 PARTICIPATION.**

# Term Dates 2025-26

#WeAreCELT

## September

MO	TU	WE	TH	FR	SA	SU
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## October

MO	TU	WE	TH	FR	SA	SU
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## November

MO	TU	WE	TH	FR	SA	SU
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## December

MO	TU	WE	TH	FR	SA	SU
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## January

MO	TU	WE	TH	FR	SA	SU
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## February

MO	TU	WE	TH	FR	SA	SU
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## March

MO	TU	WE	TH	FR	SA	SU
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## April

MO	TU	WE	TH	FR	SA	SU
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## May

MO	TU	WE	TH	FR	SA	SU
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## June

MO	TU	WE	TH	FR	SA	SU
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## July

MO	TU	WE	TH	FR	SA	SU
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## August

MO	TU	WE	TH	FR	SA	SU
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



school day - schools are open to pupils



staff INSET training - closed to pupils



school holiday - closed to pupils



Lostwithiel School  
 Bodmin Hill  
 Lostwithiel  
 Cornwall  
 PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
 Telephone: 01208 872339

**PRIDE,  
 PASSION,  
 PARTNERSHIP,  
 PERSEVERANCE,  
 PARTICIPATION.**



## CELT Academic Calendar 2026-27

September 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36		1	2	3	4	5	6
37	7	8	9	10	11	12	13
38	14	15	16	17	18	19	20
39	21	22	23	24	25	26	27
40	28	29	30				

October 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40				1	2	3	4
41	5	6	7	8	9	10	11
42	12	13	14	15	16	17	18
43	19	20	21	22	23	24	25
44	26	27	28	29	30	31	

November 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44							1
45	2	3	4	5	6	7	8
46	9	10	11	12	13	14	15
47	16	17	18	19	20	21	22
48	23	24	25	26	27	28	29
49	30						

December 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49		1	2	3	4	5	6
50	7	8	9	10	11	12	13
51	14	15	16	17	18	19	20
52	21	22	23	24	25	26	27
53	28	29	30	31			

January 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
53					1	2	3
1	4	5	6	7	8	9	10
2	11	12	13	14	15	16	17
3	18	19	20	21	22	23	24
4	25	26	27	28	29	30	31

February 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5	1	2	3	4	5	6	7
6	8	9	10	11	12	13	14
7	15	16	17	18	19	20	21
8	22	23	24	25	26	27	28

March 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9	1	2	3	4	5	6	7
10	8	9	10	11	12	13	14
11	15	16	17	18	19	20	21
12	22	23	24	25	26	27	28
13	29	30	31				

April 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
13				1	2	3	4
14	5	6	7	8	9	10	11
15	12	13	14	15	16	17	18
16	19	20	21	22	23	24	25
17	26	27	28	29	30		

May 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
17						1	2
18	3	4	5	6	7	8	9
19	10	11	12	13	14	15	16
20	17	18	19	20	21	22	23
21	24	25	26	27	28	29	30
22	31						

June 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
22		1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30				

July 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
26				1	2	3	4
27	5	6	7	8	9	10	11
28	12	13	14	15	16	17	18
29	19	20	21	22	23	24	25
30	26	27	28	29	30	31	

August 2027							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
30							1
31	2	3	4	5	6	7	8
32	9	10	11	12	13	14	15
33	16	17	18	19	20	21	22
34	23	24	25	26	27	28	29
35	30	31					

Teaching Days: 190

INSET Days: 2

Commuted INSET Days: 3

Total Days: 192 (+3 Commuted)



Lostwithiel School  
Bodmin Hill  
Lostwithiel  
Cornwall  
PL22 0AJ

www.lostwithiel.cornwall.sch.uk  
Telephone: 01208 872339

**PRIDE,  
PASSION,  
PARTNERSHIP,  
PERSEVERANCE,  
PARTICIPATION.**



## SPRING SUMMER MENU 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
<b>WEEK ONE</b>	<p><b>Option One</b> Macaroni Cheese</p> <p><b>Option Two</b> Chickpea Curry with Rice</p> <p><b>Sides</b> Vegetables of the Day</p> <p><b>Dessert</b> NEW Banana Mousse</p>	<p>Phat Pasty Fork Sausage Roll with Potato Wedges</p> <p>Mild Mexican Chili with Rice</p> <p>Vegetables of the Day</p> <p>Orange Drizzle Cake</p>	<p>Roast Chicken, Stuffing, Roast Potatoes &amp; Gravy</p> <p>Roasted Quorn, Roast Potatoes, &amp; Gravy</p> <p>Vegetables of the Day</p> <p>Fruit Platter</p>	<p>Spaghetti Bolognese</p> <p>Smoky Bean Burger with Wedges &amp; Tomato Sauce</p> <p>Vegetables of the Day</p> <p>Apple Flapjack</p>	<p>Fishfingers or Salmon Fishfingers with Chips &amp; Tomato Sauce</p> <p>Cheese &amp; Bean Pasty with Chips &amp; Tomato Sauce</p> <p>Vegetables of the Day</p> <p>Strawberry Jelly with Mandarins</p>	<p> Whole grain</p> <p> Plant based</p> <p> Added plant protein</p> <p> Chef's Special</p> <p> Lower Carbon Footprint</p>
<b>WEEK TWO</b>	<p><b>Option One</b> Cheese &amp; Tomato Pizza with Summer Mixed Salad</p> <p><b>Option Two</b> Lentil &amp; Sweet Potato Curry with Rice</p> <p><b>Sides</b> Vegetables of the Day</p> <p><b>Dessert</b> Iced Vanilla Sponge</p>	<p>Beef Chili with Rice &amp; Sweetcorn &amp; Cucumber Salsa</p> <p>Spaghetti &amp; Meatballs in a Tomato Sauce</p> <p>Vegetables of the Day</p> <p>Peaches &amp; Ice Cream</p>	<p>Roasted Pork or Chicken Sausage, Roast Potatoes &amp; Gravy</p> <p>Veg Wellington, Roast Potatoes &amp; Gravy</p> <p>Vegetables of the Day</p> <p>Freshly Chopped Fruit Salad</p>	<p>Greek Chicken Pitta with Herby Rice, Tzatziki &amp; Salad</p> <p>Greek Spinach &amp; Cheese Whir with Herby Rice, Tzatziki &amp; Salad</p> <p>Vegetables of the Day</p> <p>Jam &amp; Coconut Sponge with Custard</p>	<p>Battered Fish with Chips &amp; Tomato Sauce</p> <p><b>NEW</b> Cheesy Broccoli Frittata with Chips</p> <p>Vegetables of the Day</p> <p>Oaty Cookie</p>	
<b>WEEK THREE</b>	<p><b>Option One</b> Tomato Pasta</p> <p><b>Option Two</b> NEW Chinese Vegetable Noodles</p> <p><b>Sides</b> Vegetables of the Day</p> <p><b>Dessert</b> Pineapple Upside Down Cake</p>	<p>Beef Burger with Potato Wedges &amp; Rainbow Slaw</p> <p>Mexican Bean Roll with New Potatoes &amp; Rainbow Slaw</p> <p>Vegetables of the Day</p> <p>Cheese &amp; Crackers</p>	<p>Roast of the Day, Mashed Potatoes &amp; Gravy</p> <p>Vegetable Loaf with Stuffing, Mashed Potatoes &amp; Gravy</p> <p>Vegetables of the Day</p> <p>Fruit Medley</p>	<p>Chef Shilpa's Chicken Korma with Rice</p> <p>All Day Vegetarian Breakfast</p> <p>Vegetables of the Day</p> <p>Strawberry and Apple Crumble with Custard</p>	<p>Fishfingers with Chips &amp; Tomato Sauce</p> <p>Cowboy Sausage and Bean Hotpot</p> <p>Vegetables of the Day</p> <p>Vanilla Shortbread</p>	
<b>AVAILABLE DAILY:</b>	Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt					

If you would like to know about **particular allergens** in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.