



Lostwithiel School
Bodmin Hill
Lostwithiel
Cornwall
PL22 0AJ

www.lostwithiel.cornwall.sch.uk
Telephone: 01208 872339

**PRIDE,
PASSION,
PARTNERSHIP,
PERSEVERANCE,
PARTICIPATION.**

Head's Hello,

You will have seen and heard via the media many articles regarding the new strain of coronavirus, which has been named COVID-19. As a Trust, we are following the latest guidance from the Department of Education, NHS and Public Health England regarding how to keep our pupils, parents and carers, staff and wider community well, and will continue to monitor the information as this is updated. Please find below the most up-to-date information which we would value your support in reading the link below:

<https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas/covid-19-specified-countries-and-areas-with-implications-for-returning-travellers-or-visitors-arriving-in-the-uk>

There are also a number of practical ways to prevent the spread of respiratory viruses:

- Washing your hands often - with soap and water, or use alcohol sanitiser if handwashing facilities are not available. This is particularly important after taking public transport
- Covering your cough or sneeze with a tissue, then throwing the tissue in a bin
- People who feel unwell should stay at home and should not attend work or any education or childcare setting
- Pupils, students, staff and visitors should wash their hands:
 - before leaving home
 - after using the toilet
 - after breaks and sporting activities
 - before food preparation
 - before eating any food, including snacks
 - before leaving school
- Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are unwell
- Clean and disinfect frequently touched objects and surfaces

Natalie Simmonds
Headteacher

THIS WEEK'S STAR LEARNERS

CHERRY	Amelia and Inigo
OAK	Brody and Claudia
BEECH	Louie and Jowan
MAPLE	Immy and Emilia
CONKERS	Jago and Issy



This week's attendance

Cherry: 96.62%	Beech: 91.04%
Oak: 95.65%	Maple: 96.58%
Conkers: 90.34%	

Lostwithiel School Association's:

QUIZ NIGHT!

TONIGHT

28th February 5.30pm - 8.30pm
Arrive early to buy food!
6pm Quiz Start
8.30pm Finish
Interval for refreshments

6 Adults Per Team MAX
- No Limit On Kids -

£1 per person

Last day of term: **Friday 27th March 2020**
Return to school after Easter Holiday : **Tuesday 14th April 2020**

After School Club phone 07821 645720 — Mon/Tues/Wed/Fri : 3.15pm to 5.30pm, Thurs : 3.15pm to 5.00pm



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DATES FOR YOUR DIARY (Please check every week for new events being added)

Events shown in red are LSA fundraising events

FEBRUARY

Fri 28th

Family Quiz Night in the school hall

MARCH

Mon 2nd

World Book Day—children can come to school in their PJ's with their favourite book or dressed up as their favourite character from a book

Wed 4th

Class photos being taken in school by Tempest Photography

W/c Mon 9th

Parent evenings this week

Thurs 26th

2pm: Rebecca Ellis (our safeguarding governor) will be holding an information talk for parents/carers

MAY

Year 2 SATS during May

Fri 8th

Bank Holiday—school closed

Mon 11th to Fri 15th

Year 6 SATS

Wed 13th to Fri 15th

Year 5 visit to Bude

Tues 19th to Fri 22nd

Year 6 visit to London

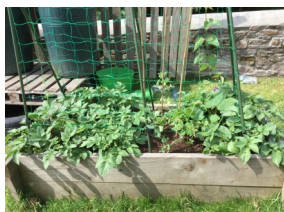
Fri 22nd

2pm Parent Steering Group meeting at school, all parents/carers welcome

2019/2020 Academic Year—Advance notice of these important dates

Inset/training week school closed to children 1st June 2020 to 5th June 2020 (this is the week following May half term)

TEMPEST PHOTOGRAPHY WILL BE TAKING CLASS PHOTOS IN SCHOOL ON WEDNESDAY 4TH MARCH



GARDENING CLUB

We are looking forward to our gardening club starting soon! It's run during the school day by our parent volunteers. In the meantime, thank you to Zinzi and Alfie who decorated these lovely spoons at home and brought them in ready for the growing season!



CATERLINK MENU CHANGE

To celebrate St Pirans Day on Thursday 5 March

Cornish pasty with salad and baked beans or

Vegetable pasty with salad and baked beans

(NO JACKET POTATO OPTION)

Cornish heavy cake or fresh fruit

(NO YOGHURT OPTION)

PARKING AT BREAKFAST CLUB DROP OFF

Just a reminder for parents/carers dropping their children off at breakfast club in the mornings, please use the car park spaces to the left of the car park (visitors) as the spaces on the right hand side of the car park are used by staff arriving and parking in the mornings.

Thank you for your co-operation.

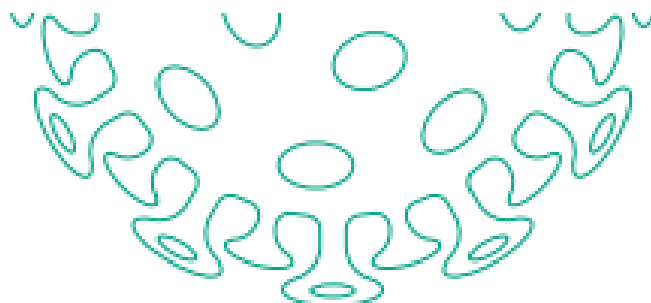
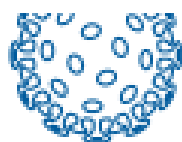
ONLINE SAFEGUARDING INFORMATION FOR PARENTS/CARERS

As part of our online safety week, Rebecca Ellis, our safeguarding governor will be holding an information talk for parents and carers at school on **Thursday 26th March at 2pm.**

All parents and carers welcome.



Public Health
England



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home



Try not to touch your
eyes, nose, and mouth
with unwashed hands



Do not share items that come
into contact with your mouth
such as cups & bottles



If unwell do not share
items such as bedding,
dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

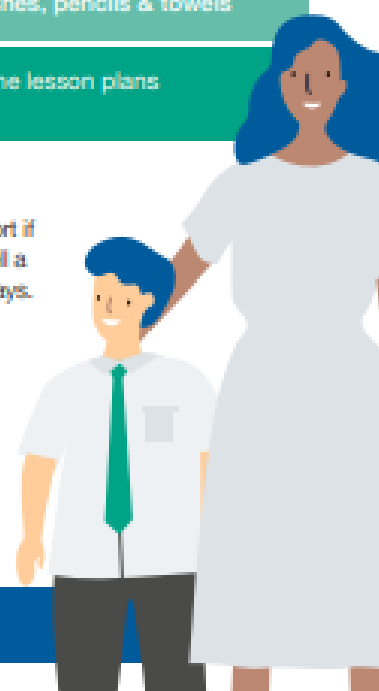
What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings gov.uk/government/publications/guidance-to-educational-settings-about-covid-19. Parents can visit NHS.UK to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See NHS.UK for advice on coronavirus.

If there is an emergency, call 999 immediately





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ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**Cornwall Menu
Autumn 2019**

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 28 th October 18 th November 9 th December 13 th January 3 rd February 2 nd March 23 rd March	Main	Chicken Pizza with Pasta	Sausage Plait with Mash Potato and Gravy	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Spaghetti Bolognese with Garlic Bread	MSC Fish in Batter with Chips
	Vegetarian	Cheese and Tomato Pizza with Pasta Peas Sweetcorn	Creamy Vegetable Pie with Mash Potato and Gravy Cauliflower Broccoli	Quorn Fillet and Stuffing with Roast Potatoes and Gravy Savoy Cabbage Carrots	Vegetarian Spaghetti Bolognese with Garlic Bread Peas Sweetcorn	Cheese Quiche with Chips Baked Beans Peas
	Dessert	Orange Drizzle Cake	Yoghurt and Fruit	Apple Crumble with Custard	Jelly with Fruit	Oaty Cookie
Week 2 4 th November 25 th November 16 th December 20 th January 10 th February 9 th March	Main	Sausage and Mash Potato with Gravy	Mild Chicken Curry with Fluffy Rice	Roast Gammon with Roast Potatoes and Gravy	Macaroni Bolognese with Tomato Bread	MSC Fishfingers or Salmon Fishfingers with Chips
	Vegetarian	Quorn Sausage and Mash Potato with Gravy Carrots Green Beans	Mild Vegetable Curry with Fluffy Rice Sweetcorn Broccoli	Vegetarian Wellington with Roast Potatoes and Gravy Cauliflower Carrots	Macaroni Cheese with Garlic Bread Carrot and Cucumber Sticks Broccoli	Cheese Whirl with Chips Baked Beans Peas
	Dessert	Iced Sponge	Eves Pudding with Custard	Apple Flapjack	Jelly with Fruit	Chocolate Shortbread
Week 3 11 th November 2 nd December 6 th January 27 th January 24 th February 16 th March	Main	Beef Burger in a Bun with Pasta	Cottage Pie with Gravy	Roast Turkey and Stuffing with Roast Potatoes and Gravy	Chicken Lasagne with Garlic Bread	MSC Fishfingers with Chips
	Vegetarian	Quorn Burger in a Bun with Pasta Sweetcorn Baked Beans	Shepherdess Pie with Gravy Broccoli Green Beans	Quorn Fillet and Stuffing with Roast Potatoes and Gravy Carrots Cabbage	Vegetarian Lasagne with Garlic Bread Green Beans Sweetcorn	Five Bean Chilli with Chips Baked Beans Peas
	Dessert	Berry and Apple Cobbler with Custard	Carrot Cake	Apple, Cheese and Biscuits	Jelly and Fruit	Vanilla Shortbread

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection

MAIN COURSE ALSO CHOICE OF A JACKET POTATO, THE FILLING IS CHEESE AND BEANS DAILY

CATERLINK MENU CHANGE

To celebrate St Pirans day on Thursday 5 March the menu will be :

Cornish pasty with salad and baked beans or

Vegetable pasty with salad and baked beans

(NO JACKET POTATO OPTION)

Cornish heavy cake or fresh fruit



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LOSTWITHIEL SCHOOL TERM DATES AND INSET DAY INFORMATION

CHANGE OF DATE FOR MAY BANK HOLIDAY 2020

The May Bank Holiday 2020 date has been changed

FROM: Monday 4th May TO: Friday 8th May

PLEASE NOTE THAT SCHOOL WILL BE OPEN AS USUAL ON MONDAY 4th MAY AND CLOSED TO PUPILS ON FRIDAY 8th MAY. THIS CHANGE HAS BEEN MADE NATIONALLY TO MARK THE ANNIVERSARY OF VE DAY.

IMPORTANT NEWS REGARDING LOSTWITHIEL SCHOOL INSET DAYS

The Cornwall Council term dates and holidays for school year 2019/2020

SCHOOL YEAR 2019/2020

Lostwithiel School will be taking their staff training (inset) days in a week block again next year, during the 2019/2020 school year, following the May half term week. Therefore school will be closed to pupils from Monday 25th May to Friday 29th May 2020 (half term) and also the week following that from Monday 1st June to Friday 5th June 2020 (inset days). Pupils return to school on Monday 8th June 2020.

Cornwall Council

2019/20 school term dates for community and voluntary-controlled schools



September 2019						
Mon		2	9	16	23	30
Tue		3	10	17	24	
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

October 2019						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

November 2019						
Mon		4	11	18	25	
Tue		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24		

School holidays

Bank holidays

Christmas Day	25 December 2019
Boxing Day	26 December 2019
New Year's Day	01 January 2020
Good Friday	10 April 2020
Easter Monday	13 April 2020
Early May Holiday	08 May 2020
Spring Bank Holiday	25 May 2020
Summer Bank Holiday	31 August 2020

AUTUMN TERM 2019 (73 days)

04 September - 20 December
(Half term 21 - 25 October)

SPRING TERM 2020 (55 days)

06 January - 27 March
(Half term 17 - 21 February)

SUMMER TERM 2020 (67 days)

14 April - 23 July
(Half term 25 May - 29 May)

*Lostwithiel School
inset days 2020*

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The 5 additional days are allotted for In-Service Training.

December 2019						
Mon		2	9	16	23	30
Tue		3	10	17	24	31
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

January 2020						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24	31	
Sat	4	11	18	25		
Sun	5	12	19	26		

February 2020						
Mon		3	10	17	24	
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23		

March 2020						
Mon		2	9	16	23	30
Tue		3	10	17	24	31
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

April 2020						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24		
Sat	4	11	18	25		
Sun	5	12	19	26		

May 2020						
Mon		4	11	18	25	
Tue		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24	31	

June 2020						
Mon	1	8	15	22	29	
Tue	2	9	16	23	30	
Wed	3	10	17	24		
Thurs	4	11	18	25		
Fri	5	12	19	26		
Sat	6	13	20	27		
Sun	7	14	21	28		

July 2020						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24	31	
Sat	4	11	18	25		
Sun	5	12	19	26		

August 2020						
Mon		3	10	17	24	31
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	