



Lostwithiel School
Bodmin Hill
Lostwithiel
Cornwall
PL22 0AJ

www.lostwithiel.cornwall.sch.uk
Telephone: 01208 872339

**PRIDE,
PASSION,
PARTNERSHIP,
PERSEVERANCE,
PARTICIPATION.**

Assistant Head's Hello,

There have been lots of different things going on in school this week from trips to the Royal Cornwall Showground, Roman dress up day, visits to the fire station and Y5 working with an Architecture firm on the redevelopment of Taprell House. I am so proud to say that after each of these visits I have received feedback about our school's fantastic engagement and behaviour. Well done everyone!

Next week we have our parents' evenings in the classrooms. We hope you can all attend to share and discuss your child's progress with their class teacher. I'd like to say how impressed I've been with the learning and behaviour when I've been visiting each class and especially in assembly.

I hope you all have a lovely weekend,
Kate Webber

THIS WEEK'S STAR LEARNERS—WELL DONE TO YOU ALL !

- APPLE** *Whole class for fantastic independent writing.*
- CHERRY** *Cooper for passion in everything you do. You have worked so hard this half term.
Isla for participating and persevering everyday in RWI. You have made amazing progress.*
- OAK** *Hugo for pride in your handwriting.
Albie for partnership and being an all-round star.*
- BEECH** *Isla for perseverance.
Arthur for Pride and Passion.*
- WILLOW** *Inigo for listening carefully to experts and asking amazing questions on our school trip.
Freja for amazing participation and demonstrating her knowledge on our Roman day.*
- MAPLE** *Isabelle for showing pride and passion in her history work.
Claudia for showing passion and perseverance in producing detailed work in art.*
- CONKERS** *Aysleen for showing passion and perseverance in all of your work this week.
Teon for working so hard and completing everything with passion and perseverance.*



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Important Dates

Friday 31st March - school and nursery close at 1.30pm for Easter holidays (no after school provision)

Monday 17th April - Pupils return to school and nursery

Monday 1st May - May day bank holiday (school and nursery closed)

Monday 8th May - Coronation Bank holiday (school and nursery closed)

Monday 29th May to Friday 2nd June (inclusive) - May half-term (school and nursery closed)

Friday 21st July - last day of term, school and nursery close at 1.30pm

What's On!

PTA SPRING EVENTS

**Fri 17th
March**

**Fabulous Female
Sale**

£2/£4

Main Hall, 3.15pm

**FRI
31ST**

**Egg Decorating
Competition**

£1

Bring egg into school to be judged

**SPRING
TERM**

**Sunflower Competition
Spring Cake Sale
Suitcase Sale**

**5TH
MAY**

Coronation Picnic

More Details to follow



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**Egg
DECORATING
COMPETITION**

PRIZES IN
EVERY CLASS
1st, 2nd, 3rd

**HARD BOIL AN EGG/S
GET CREATIVE
SUGGESTED ENTRY DONATION £1**

Bring entries to class on
Friday 31st March

Breakfast and After School Club only: 07821 645720



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**TIME
MOVE**
Holiday Programme

Ages 5-16

Easter 2023

Yoga, circus skills, rock pooling, multi-sports, forest schools and SO much more!

Every session includes a healthy meal for all children.

Activities are taking place across Cornwall during the Easter holidays
April 3rd - 14th

Visit our website to register now

- Activities available for children aged 5 - 16 •
- Funded places for ALL children eligible for benefits related free school meals •

For more information:

<https://www.activecornwall.org/T2MHolidayProgramme>
✉ Time2Move.HolidayProgramme@cornwall.gov.uk
☎ 01872 323335

Facebook: @t2mholidayprog
Instagram: @t2mholidayprog
Twitter: @t2mHolidayProg



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'HAVE A GO DAYS'

**FREE TO ATTEND. A FUN AND FRIENDLY
ACTIVITY FOR CHILDREN WITH
ADDITIONAL NEEDS OR DISABILITY AND
THEIR SIBLINGS OR FRIENDS, AGES 6-17**



EASTER BREAK!



**Wednesday 5th April
& Thursday 13th April at:**

**10am-12pm at Bodmin
Leisure Centre**

2-4pm at Cornwall College



**Booking is essential. For more
information and to book your free
place(s) contact Sharon on:**

**01736 759500 or email
sharonw@disabilitycornwall.org.uk**

**Find us on Facebook by searching
'Have a Go Days Cornwall'.**

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Creative Writing Competition

You are invited to write a story (up to 500 words)
based in, or around, St Austell.

You could
write:
a mystery
a fantasy
a quest story
a tragedy
a comedy
Science Fiction
or a poem

Prizes:

Book tokens for each age category

++PLUS++

One overall winner will have their story
Illustrated and printed for the festival
on 17th June 2023

Age Categories:

- 4-6
- 7-11
- 12-16

Please return entries clearly labelled with your name, age
and school to your school or St Austell Library.

St Austell Town Council



With support from:



Closing date: 21st April 2023

rainbow RUN

The brightest fun run for everyone!

Saturday 17 June 2023 @ RAF St Mawgan, Newquay
Visit www.chsw.org.uk/rainbow to sign up

Register early for discounted tickets
You can also take part virtually!

Playing the music of short and precious lives across the South West

Breakfast and After School Club only: 07821 645720



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Free Arts and Crafts Workshops:
Sat 1st April & Tues 4th April 11am-2pm
Drop in to 14 Fore Street, Bodmin
Find us on 



SPRING ACTIVITY TRAIL

Sat 8th April

Explore Bodmin through fun activities
Starts at 11am from Discovering 42 on Narisa Lawn
Last Trail Entry at 2pm
Book your starting slot on Event Brite!

FREE!



intoBodmin



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



intobodmin.co.uk



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Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



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2022/2023

Dear Parent/Carer

Here at Lostwithiel School we recognise that there are occasions when it is appropriate to authorise an absence, such as when a pupil is genuinely too ill to attend school, has a medical appointment that cannot be taken outside of school hours or a request for leave has been agreed in exceptional circumstances.

However, the Government does not support parents taking children out of school unless the school agrees this is appropriate under 'exceptional circumstances'. Any request for leave should be made in writing to the Headteacher using the school's request form.

If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent, per child and each carry a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the Penalty Notice may result in legal action. Absence not authorised by the school may result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence. Cornwall Council may also apply for the costs incurred in taking the matter to Court.

'Parent' as set out in Section 576 of the Education Act 1996, defines parent to include: natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and; any person who, although not a natural parent, has care of a child. Having care of a child means a person with whom a child lives and who looks after a child, irrespective of what their relationship is with said child.

You are welcome to contact the school to discuss any concerns you may have regarding this or if you feel you would like advice or support in helping your child attend more regularly. Lostwithiel School is committed to maximising the education of all its pupils and aims to work with parents to ensure this can be achieved.



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The decision to submit a request for the issue of a Penalty Notice will be considered when a child's attendance is deemed to be 'not regular'. The definition of 'not regular' in this instance is when it is below the threshold set by Cornwall Education Learning Trust (CELT). For all CELT schools, this attendance threshold is set at 96%, in line with national attendance data. In the Autumn Term, a child's attendance for the previous academic year will be considered before deciding on a course of action. From January onwards, the decision will be based on attendance data from the current academic year.

Yours sincerely

Headteacher



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LOSTWITHIEL SCHOOL TERM DATES 2022/2023

SEPTEMBER 2022						
Mon		5	12	19	26	
Tues		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24		
Sun	4	11	18	25		

OCTOBER 2022						
Mon		3	10	17	24	31
Tues		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

NOVEMBER 2022						
Mon			7	14	21	28
Tues		1	8	15	22	29
Wed		2	9	16	23	30
Thurs		3	10	17	24	
Fri		4	11	18	25	
Sat		5	12	19	26	
Sun		6	13	20	27	

DECEMBER 2022						
Mon		5	12	19	26	
Tues		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24	31	
Sun	4	11	18	25		

JANUARY 2023						
Mon		3	9	16	23	30
Tues		4	10	17	24	31
Wed		5	11	18	25	
Thurs		6	12	19	26	
Fri		7	13	20	27	
Sat		8	14	21	28	
Sun	1	9	15	22	29	

FEBRUARY 2023						
Mon			6	13	20	27
Tues			7	14	21	28
Wed		1	8	15	22	
Thurs		2	9	16	23	
Fri		3	10	17	24	
Sat		4	11	18	25	
Sun		5	12	19	26	

MARCH 2023						
Mon			6	13	20	27
Tues			7	14	21	28
Wed		1	8	15	22	29
Thurs		2	9	16	23	30
Fri		3	10	17	24	31
Sat		4	11	18	25	
Sun		5	12	19	26	

APRIL 2023						
Mon			3	10	17	24
Tues			4	11	18	25
Wed			5	12	19	26
Thurs			6	13	20	27
Fri			7	14	21	28
Sat		1	8	15	22	29
Sun		2	9	16	23	30

MAY 2023						
Mon		1	8	15	22	29
Tues		2	9	16	23	30
Wed		3	10	17	24	31
Thurs		4	11	18	25	
Fri		5	12	19	26	
Sat		6	13	20	27	
Sun		7	14	21	28	

JUNE 2023						
Mon			5	12	19	26
Tues			6	13	20	27
Wed			7	14	21	28
Thurs		1	8	15	22	29
Fri		2	9	16	23	30
Sat		3	10	17	24	
Sun		4	11	18	25	

JULY 2023						
Mon		3	10	17	24	31
Tues		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

AUGUST 2023						
Mon			7	14	21	28
Tues		1	8	15	22	29
Wed		2	9	16	23	30
Thurs		3	10	17	24	31
Fri		4	11	18	25	
Sat		5	12	19	26	
Sun		6	13	20	27	

BANK HOLIDAYS

Christmas Day (in lieu)	Tuesday 27th December 2022
Boxing Day	Monday 26th December 2022
New Years Day (in lieu)	Monday 2nd January 2023
Good Friday	Friday 7th April 2023
Easter Monday	Monday 10th April 2023
May Bank Holiday	Monday 1st May 2023
Additional Bank holidays	Monday 19th September 2022 and Monday 8th May 2023
Spring Bank Holiday	Monday 29th May 2023
Summer Bank Holiday	Monday 28th August 2023

SCHOOL HOLIDAYS AND HALF TERM HOLIDAYS

Autumn Half Term	Monday 24th to Friday 28th October 2022
Winter Holidays	Wednesday 21st to Friday 30th December 2022
Spring Half Term	Monday 13th to Friday 17th February 2023
Spring Holidays	Monday 3rd April to Friday 14th April 2023
Summer Half Term	Monday 29th May to Friday 2nd June 2023

LOSTWITHIEL SCHOOL INSET DAYS

5 days - Monday 31st October to Friday 4th November 2022



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Boxing Day	Tuesday 26th December 2023
New Years Day	Monday 1st January 2024
Good Friday	Friday 29th March 2024
Easter Monday	Monday 1st April 2024
May Bank Holiday	Monday 6th May 2024
Spring Bank Holiday	Monday 27th May 2024
Summer Bank Holiday	Monday 26th August 2024

SCHOOL HOLIDAYS AND HALF TERM HOLIDAYS

Autumn Half Term	Monday 23rd October to Friday 27th October 2023
Winter Holidays	Thursday 21st December 2023 to Friday 5th January 2024
Spring Half Term	Monday 12th February to Friday 16th February 2024
Spring Holidays	Tuesday 2nd April to Friday 12th April 2024
Summer Half Term	Tuesday 28th May to Friday 31st May 2024

LOSTWITHIEL SCHOOL INSET DAYS

Friday 1st September 2023 and Monday 4th September 2023
5 days - Monday 16th October to Friday 20th October 2023
3 days - Monday 18th December to Wednesday 20th December 2023



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W/C: 14/11 05/12 16/01 06/02 27/02 20/03				
WEEK 3	HOT SPECIALS...	DAILY FAVES...	PICK A PUDD!	
MONDAY	Pesto Pasta Bake 🌱 Served with Two Vegetables	Cheese and Tomato Pizza 🌱 🌱 Served with Potato Wedges	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Orange Shortbread with Fruit Slices 🍊
TUESDAY	Sweet and Sour Chicken 🌱 Served with Wholegrain Rice	West African Vegetable Rice 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Fruity Flapjack Bar 🍌
WEDNESDAY	Roast Pork Served with Roast Potatoes, Two Vegetables and Gravy	Vegetable Pastry Roll 🌱 Served with Roast Potatoes, Two Vegetables and Gravy	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Fruit Jelly and Custard 🍓
THURSDAY	Cottage Pie 🌱 Served with Two Vegetables	Vegetarian Cottage Pie 🌱 🌱 Served with Two Vegetables and Gravy	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Chocolate Milkshake served with Chocolate Biscuit
FRIDAY	Southern Fried Chicken Served with Chips and Two Vegetables	Vegan Meatballs in Tomato Sauce 🌱 🌱 Served with Chips and Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Chocolate Slice
ALL MAIN MEALS SERVED WITH TWO VEGETABLES				

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

THREE WEEK MENU

AUTUMN/WINTER 2022

£2.41

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY

W/C: 31/10 21/11 12/12 02/01 23/01 06/03 27/03				
WEEK 1		HOT SPECIALS...	DAILY FAVES...	PICK A PUD!
MONDAY	Macaroni Cheese 🌱 Served with Two Vegetables	Vegetarian Sausage 🌱 Served with Mashed Potato and Gravy	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Crispy Crackle Bar
TUESDAY	Chicken Pie Served with Mashed Potato and Gravy	Cheese and Tomato PIZZA 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Hot Chocolate Sponge served with Chocolate Custard
WEDNESDAY	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Vegan Sausage Casserole 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Oat Cookie served with Fruit Slices 🍌
THURSDAY	Beef Bolognese 🌱 🌱 Served with Wholemeal Pasta and Two Vegetables	Chinese Vegetable Rice 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Vanilla Ice Cream Milkshake served with Shortbread
FRIDAY	Breaded Fish Served with Chips and Two Vegetables	Quorn Dippers 🌱 Served with Chips and Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Pineapple Upside Down Cake

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

W/C: 07/11 28/11 09/01 30/01 20/02 13/03				
WEEK 2	HOT SPECIALS...	DAILY FAVES...	PICK A PUDD!	
MONDAY	Cheese and Tomato Pizza 🌱 🌱 Served with Two Vegetables	Mixed Bean Pasta 🌱 🌱 Served with Stranoli Pizza Wedge	Jacket Potatoes 🌱 with a choice of hot and cold fillings	Jam Sponge
TUESDAY	Pork Sausages Served with Mashed Potato, Two Vegetables and Gravy	Sweet Chilli Vegetable Noodles 🌱 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Orange Shortbread 🍊
WEDNESDAY	Roast Chicken Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy	Vegetable Pie 🌱 Served with Mashed Potato, Two Vegetables and Gravy	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Crunchy Chocolate Biscuit
THURSDAY	Keralan Chicken Curry 🌱 🌱 Served with Wholegrain Rice and Two Vegetables	Cauliflower and Sweet Potato Masala 🌱 🌱 🌱 Served with Wholegrain Rice and Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Strawberry Milkshake with Fresh Fruit 🍓
FRIDAY	Breaded Fish Served with Chips and Two Vegetables	Quorn Dippers 🌱 Served with Chips and Two Vegetables	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Peach Slice 🍑

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain 🍌 Fruity! 🍽️ Nutritionist's Choice 🍽️ Halal Available

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Telephone: 01208 872339

**PRIDE,
PASSION,
PARTNERSHIP,
PERSEVERANCE,
PARTICIPATION.**

WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07, 24/07, 04/09, 25/09, 16/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Mexican Beef Tortilla Pie 🍷 Served with Wholegrain Rice	Roast Pork Picnic Plate Served with Herb Diced Potatoes	Butter Chicken Curry 🍛 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Vegetarian Bolognese 🍝 Served with Wholemeal Pasta	Mexican Vegetarian Tortilla Pie 🍷 Served with Wholegrain Rice	Cheesy Ploughman's Picnic Plate 🍷 Served with Bread	Macaroni Cheese 🍝	Tomato Vegetable Burger 🍔 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	Mango Frozen Yoghurt	Berry Flapjack with Fruit 🍓	Chocolate Brownie with Fruit 🍓	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

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THREE WEEK MENU

SPRING/SUMMER 2023

Chartwells

£2.41

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Turkey 🍗 Served with Roast Potatoes and Gravy	Beef Bolognese 🍝 Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetable Pesto Pasta Bake 🍝	Macaroni Cheese 🍝	Roasted Vegetable Butterbean Crumble 🍷 Served with Roast Potatoes and Gravy	Vegetarian Bolognese 🍝 Served with Wholemeal Pasta	Vegetarian Dippers 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit 🍓	Fruity Picnic Bar 🍓	Chocolate Ice Cream

WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Chinese Chicken and Vegetable Rice 🍛	Roast Gammon Served with Potatoes and Gravy	Beef Lasagne 🍷 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetable Pastry Roll Served with Potato Wedges	Cauliflower Macaroni Cheese 🍝	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetable Lasagne 🍷 Served with Garlic and Herb Bread	Vegetarian Dippers 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	Oat Chocolate Cookie with Fruit 🍓	Orange Jelly	Chocolate and Banana Marble Cake	Banana and Apricot Flapjack with Fruit 🍓	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🍃 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍓 Fruity! 🍓 Nutritionist's Choice

Breakfast and After School Club only: 07821 645720