

WEEK 1 for 2 nd & 3 rd September 2021 and weeks commencing: 20 th Sep, 11 th Oct, 1 st Nov, 22 nd Nov, 13 th Dec, 3 rd Jan, 24 th Jan, 14 th Feb, 7 th March, 28 th March (v) = vegetarian					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Burrito (v) A soft wrap filled with lightly spiced vegetables & rice	Chicken filo pie with mashed potato	Roast chicken, roast potatoes, gravy	Pasta bolognese	Fish fingers with chips
ALTERNATIVE MAIN DISH	Macaroni cheese (v)	BBQ beans served with cornbread (v)	Sweet potato & chickpea roast, roast potatoes, gravy(v)	Butternut squash & tomato bake with rice (v)	Quorn dippers with chips (v)
VEGETABLES	Green beans & sweetcorn	Peas & broccoli	Carrots & cabbage	Broccoli & sweetcorn	Baked beans & peas
JACKET POTATO	With cheese & baked beans	With salmon mayonnaise	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Raspberry ripple ice cream	Brownie	Shortbread biscuit with fresh fruit slices	Berry & peach oatie crumble with custard	Orange and sultana cake slice
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK 2 For weeks commencing: 6 th Sept, 27 th Sept, 18 th Oct, 8 th Nov, 29 th Nov, 10 th Jan, 31 st Jan, 14 th March, 4 th April (v) = vegetarian					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Veggie bolognese (v)	Crispy chicken katsu with rice	Roast turkey, roast potatoes, gravy	Cottage pie (minced beef with a crispy potato topping)	Fish fingers with chips
ALTERNATIVE MAIN DISH	Cheese & tomato pizza (v)	Vegetable noodles with tofu (v)	Creamy vegetable pie, roast potatoes, gravy (v)	Mild chickpea and potato curry with wholemeal rice (v)	Tomato vegetable burger with chips (v)
VEGETABLES	Green beans & sweetcorn	Broccoli & peas	Cabbage & carrots	Green beans & sweetcorn	Peas & baked beans
JACKET POTATO	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Flapjack with fruit slice	Peach shortbread pudding with custard	Raspberry yoghurt cake	Fruity chocolate brownie	Vanilla ice cream
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK 3 For weeks commencing: 13th Sept, 4th Oct, 15th Nov, 6th Dec, 17th Jan, 7th Feb, 28th Feb, 21st March

(v) = vegetarian

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese	Garlicky chicken with Spanish style potatoes	Roast pork, roast potatoes, gravy	Cornish steak pasty with potato wedges	Southern fried chicken tasters with chips
ALTERNATIVE MAIN DISH	Vegetarian sausage with mash and gravy (v)	Cheesy risotto bake (v)	Meat free roast, roast potatoes, gravy (v)	Vegetable lasagne with a bread wedge (v)	Soft taco filled with vegetables and tomato chilli sauce with chips (v)
VEGETABLES	Peas & carrots	Sweetcorn & broccoli	Carrots & cabbage	Green beans & sweetcorn	Baked beans & peas
JACKET POTATO	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Oatie biscuit with fruit slices	Apple & carrot yoghurt muffin	Strawberry ice cream	Chocolate sponge cake	Crispy snow bar
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt