



Lostwithiel School
Bodmin Hill
Lostwithiel
Cornwall
PL22 0AJ

www.lostwithiel.cornwall.sch.uk
Telephone: 01208 872339

**PRIDE,
PASSION,
PARTNERSHIP,
PERSEVERANCE,
PARTICIPATION.**

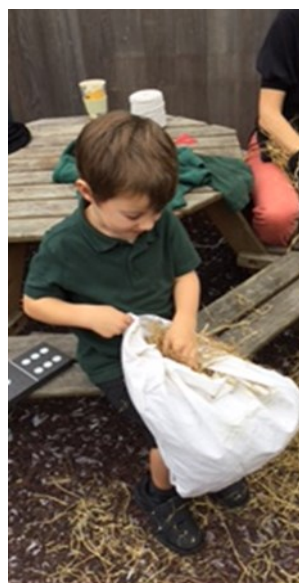
Head's hello,

All of our children have been getting into the autumn spirit by creating scarecrows for the Harvest Festival at St Barts Church this weekend. Each class used straw, hay and recycled materials to create their very own scarecrow. Thank you to all of our parents and carers that donated hay and straw! Our school will be having our very own harvest festival in the church at the end of term. The date has now changed to **Thursday 21st October at 2pm.**

Year 6 children had a fabulous day at Fowey River Academy this week. We are so proud of the feedback we had from Fowey staff, who said that Losty children stood out from the rest for being polite, kind and working as a team. Well done year 6!

For all Apple and Cherry class parents and carers, the Lostwithiel School Association are holding an open morning, **Wednesday 6th October** in the school hall. All Apple and Cherry parents and carers are welcome. We would love to see you there.

Kind Regards
Ms Simmonds





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THIS WEEK'S STAR LEARNERS—WELL DONE TO YOU ALL !

- APPLE** *Loic, Bethany and Nina for always being ready to learn during carpet time and trying hard to be 'whole-body' listeners*
- CHERRY** *Erik for persevering in his writing and for great work in Maths, especially when working with his partner*
Mitch for brilliant participation in phonics and for being a super star learning our new sounds
- OAK** *Henry for passion for learning in Maths*
Charlie for passion for saving the environment
- BEECH** *Sunny for perseverance with his spelling this week*
Amelia for persevering with her Stone Age story writing
- MAPLE** *Gracie for her amazing, detailed painting of a Viking longboat figurehead*
Ruby-Mae for her beautifully painted picture of a Viking longboat figurehead
- CONKERS** *Daniella for being so positive in her learning and for being kind and caring to others*
Taylor for being positive and helpful to others in Maths

LSA dates

First LSA meeting Friday 1st October at 2pm

All welcome, please come along to share ideas for future fundraising, see what we have planned and have your say on how you think we can support the school!

Welcome meeting for new parents

We would like to invite all parents from Apple and Cherry class to a morning cream tea on Wednesday **6th October at 9:30** in the school hall. Come and have a chat with the LSA and collect a welcome pack for your child.

Keep your eyes peeled for our pumpkin drawing competition this year!

More information to follow.

Non uniform day **Friday 22nd October** for tombola prizes

Flu Vaccinations—Friday 8th October 2021

Children in Reception to Year 6 are scheduled to receive a nasal spray flu vaccination in school on Friday 8th October. If you would like your child to receive the nasal flu vaccination you will need to access the online consent form for Kernow immunisations. They must receive the consent forms **by midday on Wednesday 6th October**. Please see the letter below from Kernow Health which contains all the information you require cannot accept.

DATES FOR YOUR DIARY

Thursday 7th October

Friday 8th October

Friday 15th October

Thursday 21st October

25th-29th October

Bodmin College open evening for prospective Year 7 students

Flu vaccinations (Reception to Year 6)

Individual photos (details to follow)

Harvest Festival at the St Barts church 2pm (parents welcome)

October half-term (school closed)



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Kernow Health

Schools Immunisation Team

Protecting Cornwall's Children and Young People

**Academic Year 2021/22
LOSTWITHIEL SCHOOL
EE142241**

**Kernow Health CIC
School Immunisation Programme**

1st Floor, Cudmore House
Oak Lane

Truro

Cornwall

TR1 3LP

Main Office Tel: 01872 221105

Email: Kernowhealthcic.schoolimmunisation@nhs.uk

Website: www.kernowhealthcic.org.uk

Dear Parent/Guardian

Your child's annual nasal flu vaccination is now due

As the autumn term begins, it is highly likely that COVID-19 will again be in circulation at the same time as flu therefore it is important that we do all we can to protect against flu. We are delivering the flu immunisation programme in Cornwall's schools on behalf of NHS England. Flu can be a very unpleasant illness and sometimes causes serious complications. ~~Vaccination~~ your child will also help protect more vulnerable friends and family by preventing the

Cancel

In 2021/2022 all children in Primary Schools from **Reception to year 6 (inclusive)** will be offered the vaccine. The vaccination is free and recommended for young children; it is administered by a quick and simple spray up the nose. Please enter www.nhs.uk/child-flu to access information explaining the vaccination programme which also includes details about the small number of children for whom the nasal vaccine is not appropriate.

We are due to visit your child's school on **Friday 8th October, 2021**. In order to access the online consent form, please enter or click on the following link:

<https://www.kernowimmunisations.co.uk/Forms/Flu> **PLEASE ENSURE YOU ENTER THE FULL UNIQUE SCHOOL REFERENCE CODE. The code for your child's school is: EE142241**

Please submit your consent form by **midday Wednesday 6th October, 2021** to ensure your child receives their vaccination. If you experience any problems accessing the form please telephone **01872 221105** and the team will be happy to help. Please note that as in previous years you must **opt into** the programme. If a consent form is not submitted your child will not be vaccinated.

If your child becomes wheezy or has their asthma medication increased after you submit this form, please contact Kernow Health on 01872 221105.

If you decide you do not want to vaccinate your child against flu, it would help us if you still complete and submit the consent form giving the reason. This will help us to plan and develop the service. Please tell us if you need this information in a different format.

Yours faithfully

**Dr Jonathan Katz
Medical Director**

Chair: Dr Adam Ellery

Chief Executive: Mark Woolcock

Kernow Health CIC | Company Number: 07551978 | Registered Office: 1st Floor, Cudmore House, Oak Lane, Truro, Cornwall, TR1 3LP



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PROSPECTIVE YEAR 7 STUDENTS AND PARENTS' OPEN EVENING

You are warmly invited to attend an Open Evening for both parents and Year 6 students to be held at Bodmin College on **Thursday 7th October 2021 between 4.30 – 8.00pm.**

With Covid19 restrictions reduced, we are looking forward to being able to welcome you in person this year but with some additional measures and alternative options in place to keep everyone safe. We invite you to choose one or more of the options below:

Option 1 – Socially Distanced Open Evening Event

This year, we have organised the evening into timed bookable slots to allow for social distancing in and around the college during your visit. If you would like to book a slot for the evening please [click here](#), please ensure you read the guidance provided on the site before booking your slot.

After a short welcome presentation in the Studio, the evening will provide you with the opportunity to tour the key areas the College campus, see the excellent facilities that are available, and meet some of the staff that will teach your son/daughter when they come to this College. You will be able to experience some of the exciting subject activities, talk to current students and find out more about how our curriculum can prepare your son/daughter for a successful future.

Option 2 – Virtual Tour and Information

If you would prefer a virtual experience, please visit our website where you will find a copy of our [College prospectus](#), virtual tour of the school and information [Cancel](#) each subject area explaining what will be taught in year 7. [Click here to find out more](#). You can also follow us on Social Media to get a taste of what goes on at Bodmin College.

Option 3 – Limited Open Tours

If you are unable to attend on the evening or would prefer a smaller group experience then a limited number of tour slots during the day are available, these can be booked by [clicking here](#), again please ensure you read the advice and guidance on the site before booking.

We hope that the options above will provide everyone with an opportunity to find out more about the excellent care and educational experiences on offer at Bodmin College in a way that meets every individual need.

We look forward to meeting you.

Yours sincerely

Mrs E Seward-Adams

Mrs E Seward-Adams
Principal



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Together 
for Families

The
deadline for
applications is
**15 January
2022**

Starting school

September 2022

Applying for a place in a reception class for children born between 1 September 2017 and 31 August 2018

Attending a nursery or pre-school

You will need to apply even if your child attends a school's nursery or pre-school class. Please note that if a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



www.cornwall.gov.uk



CORNWALL
COUNCIL
one and all - oves hag all

Together 
for Families

The
deadline for
applications is
**31 October
2021**

Transfer to secondary school

September 2022

Applying for a place in year seven at a secondary school

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



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Secondary School Applications for current Year 6 children

Your year 6 child will have brought home a leaflet this week with information on how to apply for your child's secondary school place for the September 2022 intake. **Please note that the deadline for online applications is 31st October 2021.** A scanned version is attached to this newsletter for your information.

ADMISSIONS FOR RECEPTION CLASS SEPTEMBER 2022

Parents and carers of children who are due to start school in a reception class in September 2022 are being reminded of the deadline for applying for a school place which is **midnight on 15th January 2022**. This is for all children who were born between 1st September 2017 and 31st August 2018. Please DO NOT miss this deadline. You still need to apply even if your child has a sibling at this school or attend our pre-school. Parents can apply online at www.cornwall.gov.uk/admissions. If you do not have access to the internet, or are having problems completing the form online, please ask at the school office and we can arrange for you to have a paper version to complete. Family Information Services can also help with questions about School Admissions. They can be contacted on 0800 5878191. A scanned version of the information leaflet has been attached to this newsletter.

Reminder regarding unauthorised absence

Cornwall Education Learning Trust revised the pupil attendance policy in December 2020 for all schools within this Trust, which includes Lostwithiel School. We are issuing a reminder letter (dated December 2020) to all of our parents/carers (via your youngest child) which details the change in Penalty Notice procedures for parents/carers. A copy is attached to this newsletter. We would like to remind parents/carers that we will request Penalty notices when appropriate as per the details on our Attendance Policy which can be found on our school website under Statutory Information, policies, CELT attendance policy. If you have any queries regarding requesting an absence for your child please contact the school office.

https://www.lostwithiel.cornwall.sch.uk/website/policies_/208596

Absence request - We require parents/carers to complete an absence form **at least 15 days in advance of a planned absence and before a holiday is booked**. This information is a requirement of the Department of Education for recording purposes and your co-operation with this policy is very much appreciated.

We also need to know in advance of any hospital appointments and to have a copy of the appointment letter if you have been given one or a screen shot of the letter via dojo. **The school office also need to know in advance of dental appointments that will require your child to be absent during the school day. You can email the school office at admin@lostwithielsch.org or send a dojo to the school office.** Can we request that any non urgent medical appointments are made outside of the school day or within the school holidays if possible.



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8th December 2020

Dear Parent/Carer

Here at Lostwithiel School we recognise that there are occasions when it is appropriate to authorise an absence, such as when a pupil is genuinely too ill to attend school, has a medical appointment that cannot be taken outside of school hours or a request for leave has been agreed in exceptional circumstances. However, the Government does not support parents taking children out of school unless the school agrees this is appropriate under 'exceptional circumstances'. Any request for leave should be made in writing to the Headteacher using the school's request form and must be completed by all adults with parental responsibility.

If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent, per child and each carry a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the Penalty Notice may result in legal action. Absence not authorised by the school may result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence. Cornwall Council may also apply for the costs incurred in taking the matter to Court.

'Parent' as set out in Section 576 of the Education Act 1996, defines parent to include: natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and; any person who, although not a natural parent, has care of a child. Having care of a child means a person with whom a child lives and who looks after a child, irrespective of what their relationship is with said child.

The decision to submit a request for the issue of a Penalty Notice will be considered when a child's attendance is deemed to be 'not regular'. The definition of 'not regular' in this instance is when it is below the threshold set by Cornwall Education Learning Trust (CELT). For all CELT schools, this attendance threshold is set at 96%, in line with national attendance data. In the Autumn Term, a child's attendance for the previous academic year will be considered before deciding on a course of action. From January onwards, the decision will be based on attendance data from the current academic year.

You are welcome to contact the school to discuss any concerns you may have regarding this or if you feel you would like advice or support in helping your child attend more regularly. Lostwithiel School is committed to maximising the education of all its pupils and aims to work with parents to ensure this can be achieved.

Yours sincerely

Natalie Simmonds
Headteacher



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proudly launches their Brighter Future Fund

The future of our youngsters is the future of Bodmin, and the main goal of our Brighter Future Fund (BFF) is to help young people in Bodmin make the most of their potential and enjoy a brighter future.

The funds raised by the BFF will help local organisations provide support and encouragement to youngsters. We will explore ways to provide safe, positive, inclusive activities for children and young people. Our main goal is to give young people more opportunities to express themselves, learn new skills, and have meaningful contact with people willing and able to provide guidance and support.



Visit our website at www.bodminbrighterfuture.org to learn more about the BFF and the Fundraiser Art Competition for young people that opens for entries on the 6th September 2021, kindly supported by donations from Bodmin Jail Hotel and Cornwall Councillors Leigh Frost and Jenny Cruse.

Inviting all Bodmin youngsters to enter the BFF's Art Competition!!!

Our first major Fundraiser for this Fund combines a competition to showcase the creative talents of Bodmin's youngsters with the raising of funds for the BFF by selling competition-related merchandise. Bodmin schools have been sent full information about the competition with copies of these leaflets

The Competition

The free-to-enter competition will be open to all youngsters, aged 5 – 24, living and/or studying in Bodmin and surrounding parishes. It will be open for entries from 6th September to the 28th October 2021. The winners will be announced by the 31st October.

There are four age group categories 5-7 (KS1), 8-11 (KS2), 12-16 years and 17-24 years. Prizes of vouchers for art supplies will be awarded to the top three entries in each age group to the value of £50, £25, and £10 for 1st, 2nd and 3rd prizes respectively.

Entries can be completed in any media, including digital, that will allow a good digital image to be uploaded for the judging.

The theme for the two young age groups is 'The Beast of Bodmin' and the two older age groups can choose between 'Freedom and Captivity' and 'The Bright Side'

Raising funds

Once judging is completed, funds will be raised through the sale of merchandise featuring the images of the winning entries from the competition. There will be tea towels showcasing the 'beasts' submitted by the younger children and prints featuring the winning entries from the two older age groups. All profits from the sale of the merchandise will be used to create a Brighter Future for Bodmin's young people. Professional photographs of the winning entries will be taken to ensure a good quality image for the merchandise so please make sure that the original copy of the entry is kept in good condition.

To enter

A photograph or other digital image of the artwork must be uploaded to the website at www.bodminbrighterfuture.org, where you will find full instructions, including Terms and Conditions in the Enter the Competition pages. We have also put some stimulus material here about the themes to help inspire some creative thoughts.



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**Rotary
Club of Bodmin**



**Bodmin Rotary Brighter Future Fundraiser Art
Competition**

Entry Form

Entrant's full name	
Age	
Address	
Email address for correspondence	
Telephone number	
School or college (if student)	
Name of parent or guardian if entrant is aged under 16	

Declaration by entrant

I have read and agree to abide by and accept the terms and conditions as set out overleaf. I confirm that the entry is my own original artwork.

Signed _____

Declaration by parent/guardian for entrants aged under 16

I agree on behalf of the entrant to abide by the terms and conditions as set out overleaf. I confirm that the entry is an original artwork completed by the entrant named above.

Signed _____

Competition Terms and Conditions

1. The competition will be open to all youngsters, aged 5 – 24, living and/or studying in Bodmin and surrounding parishes.
2. There is no entry fee.
3. The competition will open for entries from the 6th September 2021 until midnight on 18th October 2021.
4. There will be four age group categories 5-7 (KS1), 8-11 (KS2), 12-16 years and 17-24 years.
5. Prizes will be awarded to the top three entries in each age group.
6. To keep the project as free from Covid disruption as possible, all entries will consist of a digital image of the original artwork which must be submitted in a digital format via the website at www.bodminbrighterfuture.org. We are unable to accept postal entries or entries in any other form other than as set out herein.
7. Bodmin Rotary Club will be producing merchandise, including a tea towel and prints to be sold to raise funds for the Bodmin Rotary Brighter Future Fund using all or some of the entries received.
8. We will arrange for the originals of the winning entries to be professionally photographed to ensure that the merchandise has access to the best quality image. **The original artwork must be held by the entrants on behalf of the Bodmin Rotary Club for three months from the closing date of the competition.**
9. The competition themes reflect on Bodmin's Dark Past and look forward to a Brighter Future. The 'Beast of Bodmin' is the theme for the two youngest age groups. Both older age groups will have the choice of 'Freedom and captivity' or 'The Bright Side'. Some materials about the themes, to inspire the entrants, will be available on the website and sent to schools.
10. All entrants under the age of 16 must have the consent of their Parent or Guardian.
11. All copyright of all entries is assigned to Bodmin Rotary Club.
12. All entries must be of the original work of the Entrant. Any entries that are found not to be the work of the Entrant will be disqualified and any prize will be forfeited.
13. Only one entry is allowed per entrant.



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LOSTWITHIEL SCHOOL TERM DATES 2021/2022

SEPTEMBER 2021						
Mon		6	13	20	27	
Tues		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24		
Sat	4	11	18	25		
Sun	5	12	19	26		

OCTOBER 2021						
Mon		4	11	18	25	
Tues		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24	31	

NOVEMBER 2021						
Mon		1	8	15	22	29
Tues		2	9	16	23	30
Wed		3	10	17	24	
Thurs		4	11	18	25	
Fri		5	12	19	26	
Sat		6	13	20	27	
Sun		7	14	21	28	

DECEMBER 2021						
Mon		6	13	20	27	
Tues		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24	31	
Sat	4	11	18	25		
Sun	5	12	19	26		

JANUARY 2022						
Mon		3	10	17	24	31
Tues		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

FEBRUARY 2022						
Mon			7	14	21	28
Tues		1	8	15	22	
Wed		2	9	16	23	
Thurs		3	10	17	24	
Fri		4	11	18	25	
Sat		5	12	19	26	
Sun		6	13	20	27	

MARCH 2022						
Mon		7	14	21	28	
Tues	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

APRIL 2022						
Mon		4	11	18	25	
Tues		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24		

MAY 2022						
Mon		2	9	16	23	30
Tues		3	10	17	24	31
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

JUNE 2022						
Mon		6	13	20	27	
Tues		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24		
Sat	4	11	18	25		
Sun	5	12	19	26		

JULY 2022						
Mon		4	11	18	25	
Tues		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24	31	

AUGUST 2022						
Mon		1	8	15	22	29
Tues		2	9	16	23	30
Wed		3	10	17	24	31
Thurs		4	11	18	25	
Fri		5	12	19	26	
Sat		6	13	20	27	
Sun		7	14	21	28	

BANK HOLIDAYS

Christmas Day (in lieu)	Monday 27th December 2022
Boxing Day (in lieu)	Tuesday 28th December 2022
New Years Day (in lieu)	Monday 3rd January 2022
Good Friday	Friday 15th April 2022
Easter Monday	Monday 18th April 2022
May Bank Holiday	Monday 2nd May 2022
Spring Bank Holiday	Thursday 2nd June 2022
As the extra Bank Holiday for the Platinum Jubilee, Friday 3rd June, falls within the Spring Half Term, schools can allocate this to another day	

SCHOOL HOLIDAYS AND HALF TERM HOLIDAYS

Autumn Half Term	Monday 25th to Friday 29th October 2021
Spring Half Term	Monday 21st to Friday 25th February 2022
Summer Half Term	Monday 30th May to Friday 3rd June 2022

LOSTWITHIEL SCHOOL INSET DAYS

1 day - Friday 18th February 2022
5 days - Monday 6th June to Friday 10th June 2022
1 day - Monday 25th July 2022
1 day - Tuesday 26th July 2022 (in lieu of extra bank holiday - which falls in the Spring half term - for the Platinum Jubilee year)



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LOSTWITHIEL SCHOOL LUNCH MENU FROM SEPTEMBER 2021

WEEK 1 for 2 nd & 3 rd September 2021 and weeks commencing: 20 th Sep, 11 th Oct, 1 st Nov, 22 nd Nov, 13 th Dec, 3 rd Jan, 24 th Jan, 14 th Feb, 7 th March, 28 th March (v) = vegetarian					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Burrito (v) A soft wrap filled with lightly spiced vegetables & rice	Chicken filo pie with mashed potato	Roast chicken, roast potatoes, gravy	Pasta bolognese	Fish fingers with chips
ALTERNATIVE MAIN DISH	Macaroni cheese (v)	BBQ beans served with cornbread (v)	Sweet potato & chickpea roast, roast potatoes, gravy(v)	Butternut squash & tomato bake with rice (v)	Quorn dippers with chips (v)
VEGETABLES	Green beans & sweetcorn	Peas & broccoli	Carrots & cabbage	Broccoli & sweetcorn	Baked beans & peas
JACKET POTATO	With cheese & baked beans	With salmon mayonnaise	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Raspberry ripple ice cream	Brownie	Shortbread biscuit with fresh fruit slices	Berry & peach oatie crumble with custard	Orange and sultana cake slice
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK 2 For weeks commencing: 6 th Sept, 27 th Sept, 18 th Oct, 8 th Nov, 29 th Nov, 10 th Jan, 31 st Jan, 14 th March, 4 th April (v) = vegetarian					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Veggie bolognese (v)	Crispy chicken katsu with rice	Roast turkey, roast potatoes, gravy	Cottage pie (minced beef with a crispy potato topping)	Fish fingers with chips
ALTERNATIVE MAIN DISH	Cheese & tomato pizza (v)	Vegetable noodles with tofu (v)	Creamy vegetable pie, roast potatoes, gravy (v)	Mild chickpea and potato curry with wholemeal rice (v)	Tomato vegetable burger with chips (v)
VEGETABLES	Green beans & sweetcorn	Broccoli & peas	Cabbage & carrots	Green beans & sweetcorn	Peas & baked beans
JACKET POTATO	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Flapjack with fruit slice	Peach shortbread pudding with custard	Raspberry yoghurt cake	Fruity chocolate brownie	Vanilla ice cream
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK 3 For weeks commencing: 13 th Sept, 4 th Oct, 15 th Nov, 6 th Dec, 17 th Jan, 7 th Feb, 28 th Feb, 21 st March (v) = vegetarian					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese	Garlicky chicken with Spanish style potatoes	Roast pork, roast potatoes, gravy	Cornish steak pasty with potato wedges	Southern fried chicken tasters with chips
ALTERNATIVE MAIN DISH	Vegetarian sausage with mash and gravy (v)	Cheesy risotto bake (v)	Meat free roast, roast potatoes, gravy (v)	Vegetable lasagne with a bread wedge (v)	Soft taco filled with vegetables and tomato chilli sauce with chips (v)
VEGETABLES	Peas & carrots	Sweetcorn & broccoli	Carrots & cabbage	Green beans & sweetcorn	Baked beans & peas
JACKET POTATO	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans	With cheese & baked beans
DESSERT A choice of main dessert or fresh fruit or yoghurt each day	Oatie biscuit with fruit slices	Apple & carrot yoghurt muffin	Strawberry ice cream	Chocolate sponge cake	Crispy snow bar
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt