

WEEK 3

W/C: 02/05 23/05 13/06 04/07 25/07 05/09
26/09 17/10

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Macaroni Cheese
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Vegetarian Sausage with Mashed Potato and Gravy
Veggie sausage and mash with rich gravy

Jacket Potatoes
A choice of hot and cold fillings

Peas and Carrots

Oaty Biscuit with Fresh Cut Fruit Slices

TUESDAY

Allegra's Chilli Con Chicken and Sweet Potato Bake
Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

Allegra's Cheesy Peasy Risotto Bake
A delicious baked cheesy, pea risotto

Jacket Potatoes
A choice of hot and cold fillings

Broccoli and Green Beans

Carrot cake with Citrus Frosting

WEDNESDAY

Tender Roast Gammon with Roast Potatoes & Gravy
Tender roast gammon with fluffy roasties and tasty gravy

Quorn Roast with Roast Potatoes and Gravy
Delicious Quorn roast with fluffy roasties and tasty gravy

Jacket Potatoes
A choice of hot and cold fillings

Carrots and Cabbage

Mango Frozen Yoghurt

THURSDAY

Beef Meatballs in Tomato Sauce with Pasta
Delicious beef meatballs in a tasty tomato sauce with pasta

Veggie Lasagne served with a Bread Wedge
Delicious sheets of pasta layered with veggies and tomato sauce

Jacket Potatoes
A choice of hot and cold fillings

Broccoli and Sweetcorn

Chocolate Sponge Cake

FRIDAY

Southern Fried Chicken Tasters with Chips
Lightly seasoned crispy chicken strips and scrummy chips

Veggie Soft Taco and Chips
A soft taco shell filled with a yummy veggie tomato chilli

Jacket Potatoes
A choice of hot and cold fillings

Baked Beans and Peas

Cheese & Biscuits

THREE WEEK MENU

SPRING/SUMMER 2022

£2.41

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1

W/C: 18/04 09/05 20/06 11/07 12/09 03/10

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Veggie Burrito 🌱
A soft wrap filled with lightly spiced veggies and rice

Macaroni Cheese 🌱
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

Jacket Potatoes 🌱
A choice of hot and cold fillings

Green Beans and Sweetcorn
Strawberry Frozen Yoghurt

TUESDAY

Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges
BBQ chicken breast burger with zingy corn relish

The Incredible Burger served with Potato Wedges
Meatless burger in a soft bap with ketchup

Jacket Potatoes 🌱
with Assorted Fillings

Sweetcorn and Broccoli
Brownie

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
A chunky sweet potato and chickpea roast

Jacket Potatoes 🌱
A choice of hot and cold fillings

Carrots and Cabbage
Shortbread Biscuit with Fresh Cut Fruit Slices

THURSDAY

Beef Bolognese 🌱
A classic Italian beef bolognese in a yummy tomato sauce

Quorn Hot Dog with Potato Wedges
A delicious Quorn hot dog

Jacket Potatoes 🌱
A choice of hot and cold fillings

Broccoli and Sweetcorn
Banana & Apricot Flapjack with Fruit Slices

FRIDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Quorn Nuggets and Chips
Crispy Quorn nuggets with their fave sauce - ketchup

Jacket Potatoes 🌱
A choice of hot and cold fillings

Baked Beans and Peas
Lemon Slice

WEEK 2

W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Veggie Bolognese 🌱
Yummy veggie Bolognese with pasta

Cheese and Tomato Pizza 🌱
Cheesy tomato topped pizza slice

Jacket Potatoes 🌱
A choice of hot and cold fillings

Cucumber Sticks and Carrot Sticks
Flapjack with Fruit Slices 🌱

TUESDAY

Allegra's Asian Sticky Noodles
Chicken and vegetables in sweet sauce with noodle

Allegra's Fruity Cous Cous
With Mint Yoghurt and Pita Crisps

Jacket Potatoes 🌱
A choice of hot and cold fillings

Cauliflower and Peas
Orange Shortbread with Fruit Slices 🌱

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Roast turkey with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy
Creamy vegetable pie with a cheesy shortcrust topper

Jacket Potatoes 🌱
A choice of hot and cold fillings

Cabbage and Carrots
Crunchy Chocolate Biscuit

THURSDAY

Beef Lasagne with a Garlic & Herb Bread Wedge
A classic Italian layered pasta dish with beef mince

Mild Chickpea and Potato Curry with Rice 🌱
Tasty chickpea and potato curry served with rice

Jacket Potatoes 🌱
A choice of hot and cold fillings

Mixed Salad
Fruity Chocolate Brownie

FRIDAY

Battered Fish Fillet with Chips

Tomato Veggie Burger with Chips 🌱
A delicious veggie burger in a soft bap with chips

Jacket Potatoes 🌱
A choice of hot and cold fillings

Peas and Baked Beans
Strawberry Frozen Yoghurt

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

Vegetarian

Oily fish

Wholegrain

Fruity!

Nutritionist's Choice