| Spring | Lostwithiel Primary School | Year One |
|---|----------------------------|-------------------|
| DT focus: preparing fruit and vegetables. | DT Knowledge Organiser | Cherry Tree Class |

Prior Learning:

During reception children have experienced cutting soft fruit and vegetables.

Key DT knowledge and skills:

- Designing a product means thinking about what we have been asked to make and then making choices about how to create it in the most successful way.
- It is good to talk about and share our ideas and then develop a few different options to choose from. We can write or draw our ideas.
- Evaluating a product meants thinking about the choices we made and whether we would do anything differently to change our product to improve it. We can evaluate a product after it has been made or while we are making it.
- Knives can be used to chop fruit and vegetables. Knives have a sharp blade and a handle and need to be held by the handle to keep ourselves safe.
- A vegetable peeler can be used to take the skin off different fruits and vegetables or to make thin slices of fruit or vegetable.
- It is important to choose the correct tool for the type of fruit or vegetable. You need a sharper/stronger knife to cut a hard vegetable like a carrot. It would be hard to use a peeler on a very soft piece of fruit.
- When chopping, cutting or peeling fruit or vegetables it is important to use a chopping board to prevent the knife from slipping. It also stops the knife from damaging the table or worksurface underneath.
- When developing recipes, it is important to think about which ingredients would taste nice when mixed together. You need to taste what you are making.

| Key DT Vocabulary - | | General Terms and Cross Curricular Vocabulary | |
|---|--|--|---|
| cut | To slice something using a sharp tool like a knife | Texture | How something feels or looks |
| peel | To remove the outer skin or a fruit or vegetable. | Fruit | The sweet and fleshy part grown by a tree and can be eaten as food. |
| combine | Mix two or more things together. | Vegetable | Plants used for food. Can be grown under grown or above ground. |
| juicy | Something that has a lot of juice | skin | The outside of a fruit or vegetable that protects |
| sour | Having a tart taste. | seeds | The small part of a plant that growns into a new plant, Can be found inside fruit |
| DT Outcome | | | Cross Curricular Links |
| Children design and prepare a healthy rainbow salad by chopping, peeling or grating salad vegetables. Children design and prepare a fruit smoothie and then evaluate the taste to improve the recipe. | | Science: different parts of plants and how they grow. Geography: Differences between town and country environments including farming. History: Florence Nightingale – focus on human health and wellbeing including the role and importance of nourishing food. English: writing recipes. | |

| Linked documents: Class Overview, DT Whole School Progression document and Class Medium Term Planning. | | |
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